

Welcome to State Swim

YOUR JOURNEY TO BECOMING A STRONGER, SAFER SWIMMER starts now.



At State Swim we have been providing the very best in aquatic education to young Australians for over 40 years.

Learning to swim well is one of the best survival skills you can have, and at State Swim we ensure children learn the skills required to make them stronger, safer swimmers.

It is our goal that every Australian child should be able to swim 400 metres of Freestyle non-stop before they leave primary school. Once this is achieved the swimmer will be awarded the State Swim 400 Gold certificate - our most prestigious certificate which signifies the holder as being a strong, safe and competent swimmer.

stateswim.com.au



FAQs



How long will it take for my child to learn to swim?

Children learn at different rates. At State Swim, we believe a child cannot be considered a strong, safe swimmer until they can swim 400 metres of Freestyle, in a correct, rhythmical style, and that a child should achieve this before leaving primary school. Our program is designed to take children from being a complete beginner, through to this stage.

Are your pools indoor and heated?

Yes they are, all our swimming schools are modern, indoor and heated to 32 degrees to make it comfortable and keep our kids happy and focused on learning.

Do your swimming lesson programs run by the term?

Our swimming programs run all year round. For a child to achieve results they should have a regular swimming lesson. Most children have a swimming lesson once a week and our grading system allows staff to monitor your child's progress and promote to the next level when they have achieved their current goals.

If my child is sick or unable to attend their scheduled lesson, what do I do?

No problem. Simply login to Account Management, email, SMS or phone, prior to the booked session and our Team will add a make up lesson to your account to be used as an extra lesson, or during our school holiday SWIMVAC program.

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**STRONGER
SAFER
SWIMMERS**

OUR TEAM

We are proud to have one of the most experienced workforces in the aquatic education industry. All of our Instructors hold a nationally accredited Instructor Certificate and have additionally been trained via the extensive State Swim Training Program.

OUR FACILITIES

All State Swim School are either purpose built for our requirements, or in the case of existing centres, they have been modified to suit our needs. Nevertheless, all of our centres are designed to create an optimal environment to learn to swim.

All of our pools are heated to 32 degrees and include full change room and shower facilities and a swim shop. We also have plenty of on site parking making access to our centres safe and easy.



STRONGER SAFER SWIMMERS

3 stages

The State Swim System has three distinct stages to ensure every swimmer receives the best aquatic education, enabling them to progress at a pace that suits their individual needs. Certificates and Merits are awarded through all levels.

SWIM & PLAY

6 m – 4 yrs

The Swim and Play Program consists of swimming lessons for babies and toddlers in our Waterbabies and Kindergarten classes.

400 GOLD

4 yrs and above

The 400 Gold Program offers swimming lessons that will cater for the complete beginner right through to the more experienced swimmer. There are 8 stages in the 400 Gold program, which will take the young swimmer step by step through the important skills of being able to swim.

HEALTH & SPORT

Squad training

Once swimmers have completed the 400 Gold Program they are eligible to enter our Health and Sport Program. Swimmers will continue to develop their strokes and will experience team training.

We also offer a variety of other programs, including lap swimming, adult lessons and our popular **SWIMVAC program** which runs in the school holidays.

ACCOUNT MANAGEMENT

At State Swim we understand how busy everyone is and we want to save our customers some time when it comes to managing their children's swimming lessons.

Account Management allows you to access a variety of information regarding your child's swimming lesson from your mobile phone, tablet or computer. This includes booking in, moving a booking, organising a make up lesson and even paying your fees.



For more information on our programs, visit stateswim.com.au